

# LEADER IN ME FAMILY NEWSLETTER

Highlands Elementary

Quarter 2

2019-2020

## Habit 1

### BE PROACTIVE

Stories:

[Amazing Grace](#) by Mary Hoffman

[Salt in his Shoes](#) by Deloris Jordan

[Tops and Bottoms](#) by Janet Stevens

Family Activity:

Have your child trace their hand on a piece of paper. Inside of the hand, write or draw things they ARE in control of. On the outside of the hand, write or draw what they are not in control of.

## Habit 2

### BEGIN WITH THE END IN MIND

Story:

[The Very Busy Spider](#) by Eric Carle

Booster Video:

[Gopher Broke](#)

\*Watch this video after reviewing Habits 1 and 2 and discuss how the video applies to both habits.

Family Activity:

Set a family goal that you would like to accomplish together (ex: doing one family activity together on the weekend, cooking dinner together, volunteering for a community event, etc.). Decide what steps need to be taken to accomplish this goal and then put the steps in action to make it happen!

## Habit 3

### PUT FIRST THINGS FIRST

Story:

[Froggy Gets Dressed](#) by Jonathan London

Booster Video:

[The Jar of Life-Put First Things First](#)

Family Activity:

Create a list of things to accomplish throughout the week, then discuss their order of importance with your family. Then rewrite the list in “first things first” order and post it by your family calendar.